[InBody120]

ID Height Age Gender Test Date / Time

Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	34.3 (26.4~32.2)
For building muscles	Protein	(kg)	9.2 (7.1~8.6)
For strengthening bones	Minerals	(kg)	3.03 (2.44~2.98)
For storing excess energy	Body Fat Mass	(kg)	48.8 (10.4~16.6)
Sum of the above	Weight	(kg)	95.4 (44.0~59.5)

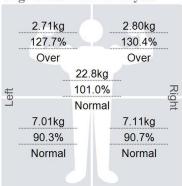
Muscle-Fat Analysis

		Uı	nder		Normal				O۷	er			
Weight	(kg)	55	70	85	100	115	130	145	160	175	190 95.	205 4	%
SMM Skeletal Muscle Mass	(kg)	70	80	90	100	110	120	130 5.9	140	150	160	170	%
Body Fat Mass	(kg)	40	60	80	100	160	220	280	340	400	460	(575.6)	% 8 8

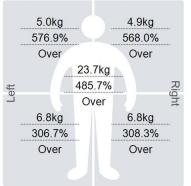
Obesity Analysis

			nder		Norma	1			0			
BMI Body Mass Index (kg/i	n²)	10.0	15.0	18.5	21.0	25.0	30.0	35.0	40.0 3 8	45.0 . 7	50.0	55.0
PBF Percent Body Fat	%)	8.0	13.0	18.0	23.0	28.0	33.0	38.0	43.0	48.0	53.0 51	58.0

Lean Mass % Evaluation Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Fat Mass

Body Composition History

Weight (kg)	95.4			
SMM (kg) Skeletal Muscle Mass	25.9	0 0 0 0 0 0 0 0 0		
PBF (%) Percent Body Fat	51.2	0 0 0 0 0 0 0 0 0 0 0		
▼Recent □Total	02.12.21. 12:21			

InBody Score

51/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	60.5	kg
Weight Control	- 34.9	kg
Fat Control	- 34.9	kg
Muscle Control	0.0	kg

Research Parameters

Basal Metabolic Rate	1375 kcal	(1798~2115)
Waist-Hip Ratio	1.03	(0.75~0.85)
Visceral Fat Level	20	(1~9)
Obesity Degree	184 %	(90~110)

Results Interpretation

Body Composition Analysis

Body weight is the sum of Total Body Water, Protein, Minerals, and Body Fat Mass.

Maintain a balanced body composition to stay healthy.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight.

PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the amount of muscles is adequately distributed in all parts of the body. Compares muscle mass to the current weight.

Segmental Fat Analysis

Evaluates whether the amount of fat is adequately distributed throughout the body. Compares the fat mass to the ideal.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

	RA	LA	TR	RL	LL
$\mathbf{Z}(\Omega)$ 20 kHz	322.6	331.8	27.5	235.1	236.4
100 vHz	284.3	295.6	23.3	209.4	210.1